

MEDSPA
IBIZA

MEDICAL CONSULTATION

VITAMIN INFUSIONS

HYDRAFACIAL

MEDICAL FACIALS

THERAPEUTIC MASSES



ABOUT US

At [MED SPA IBIZA](#) we are dedicated to providing medical services alongside health-enhancing therapies and facials based on the most advanced non-invasive technologies. Our vision is to repair, maintain and preserve your health and beauty using vitamin infusions, medical facials and intelligent skincare, for a healthy looking you.

OUR TEAM

Under our medical director Dr. Carlos Ipoutcha we offer general medical consultations, health check-ups and customized vitamin infusions.

[IBIZA BALANCE](#) Spa Services take care of your overall wellbeing. Our team of qualified therapists offer a full range of therapeutic massages and relaxing body treatments.

VITAMINDRIP®

YOUR LIFE, JUST BETTER

Vitamindrip® Intravenous Micronutrient Therapy is a treatment that enriches your body with vitamins, minerals, amino acids and antioxidants; before, during and after all of life's draining activities.

Did you know Vitamindrip® is much more effective than taking vitamins orally?

When you receive an IV Vitamindrip® the nutrients enter your bloodstream directly and immediately help the body begin healing itself. Your cells receive a much higher concentration of nutrients when delivered directly via intravenous therapy, thus allowing your body to better absorb and utilize these nutrients.

INTRAMUSCULAR TREATMENTS

B12 ENERGY SHOT

Increases energy levels and enhances mood

DIET & DETOX SHOT

Burns stubborn fat and helps boost metabolism

IMMUNITY CARE

Supports a healthy immune system and improves energy with Vitamins C, B12 and B6

MOOD CARE

Enhances mood and helps promote calmness with Vitamins B12, B1, B6 and B5

SKIN CARE

Restores your skin and promotes a healthy glow with Vitamins B2, B6 and B5

INTRAVENOUS TREATMENTS

Vitamindrip® HYDRATION

This formula provides fluids, vitamins and minerals to restore hydration to your body. Ideal for exercise fatigue, general exhaustion, hangovers, improving skin complexion and much more.

Vitamindrip® IMMUNE SUPPORT

Strengthens your immune system and helps reduce the frequency, severity and duration of cold and flu symptoms. Vitamin C and the other compounds used are powerful cellular antioxidants and help you get back in the game in no time.

Vitamindrip® REJUVENATION

Moisturize from the inside out and restore your skin without surgery or downtime. Antioxidants help you fight free radicals, slow down the aging process and boost collagen growth.

QUICK IMMUNE BOOST

Protect yourself from colds and the flu with this weekly cocktail of vitamins.

QUICK VITAMIN C BOOST

Get your weekly dosage of the most powerful antioxidants, increasing your resistance to infection and disease.

Are you exhausted or jet-lagged?

Feeling the need to rehydrate or recover?

Fighting the flu or training hard in your sport?

We have the perfect solution for you.



IBIZABALANCE

BODY TREATMENTS

IBIZABALANCE is a highly established mobile spa service founded by physiotherapist Anika Hölting.

MED SPA IBIZA is the new permanent location for our team of qualified therapists offering a full range of bodywork, massages and beauty treatments.

BACK MASSAGE

To relieve specific areas of tension and congestion of the back.

REFLEXOLOGY

Reflexology massages relieve tension through finger pressure. It is based on the principle of working on the reflex points on the feet, hands and head that are connected to every part of the body, including your glands and organs.

RELAX MASSAGE

This truly relaxing massage includes thumb pressure and skin rolling combined with stretching, followed by a session of head, neck and facial acupressure.

DEEP TISSUE

This massage works with strong pressure techniques and stretches. Ideal for chronic stiffness and soreness, to relieve specific areas of congestion, loosen muscle tissue, release toxins and promote oxygen circulation.

DETOX MASSAGE

The aim of this form of massage is to release toxins and increase blood and oxygen circulation. Detoxification massages effectively boost your system, restoring your body's natural balance.

SHIATSU

This holistic Japanese therapy applies finger and palm pressure to the meridians and includes stretches and other massage techniques in order to achieve a new level of wellbeing in addition to physical and mental balance.

THAI MASSAGE

Acupressure point massage on the meridians to unblock trapped energy and release tension throughout the body. Intensive stretching of all major muscle groups and mobilization of joints.

PHYSIOTHERAPY

Osteopathy and physiotherapy evaluate the whole body using mobilization and therapeutic techniques for relieving musculoskeletal pain and tension in connective tissues.

ACUPUNCTURE

One of the healing arts in traditional Chinese medicine is acupuncture. Stimulation of acupuncture points helps restore the flow of vital energy throughout the meridians.



HYDRAFACIAL

EXFOLIATION PEELING EXTRACTION HYDRATION

A procedure that delivers instant results with no discomfort or downtime. HydraFacial® is the only procedure that integrates cleansing, exfoliation, extraction and hydration, including Vortex-Fusion® of antioxidants, peptides and hyaluronic acid. This non-invasive, non-irritating treatment produces beautiful outcomes in skin rejuvenation, and can also be taken as a series for improving skin tone, texture, breakouts and radiance.

- Suitable for men and women of all ages, skin colours and types
- The ultimate skincare experience to achieve a flawless complexion
- Targets fine lines, acne, oily skin, hyperpigmentation and more

DEEP CLEANSE HYDRAFACIAL MD®

Exfoliation, peeling and cleansing

ESSENTIAL HYDRAFACIAL MD®

Exfoliation, peeling, cleansing and hydration with vitamins, minerals and antioxidants

PREMIUM HYDRAFACIAL MD® + DERMABUILDER®

Lymphatic drainage, exfoliation, peeling, cleansing, hydration, vitamins, minerals, antioxidants and red light for collagen boosting or blue light for anti-inflammation

DERMABUILDER® reduces the appearance of wrinkles and fine lines caused by muscle contractions in facial expressions, especially on the forehead and around the eyes.

Instant Botox-like effect

The newest,
most effective,
non-invasive skin
technology from
Los Angeles



MESOESTETIC®

MEDICAL FACIALS

Mesoestetic is one of the most advanced laboratories in Europe for medical cosmetics. The cosmeceutical line offers a wide range of professional solutions for creating customized treatments, tailored to the needs of each client with high concentrations of active ingredients

ESSENTIAL FACIALS

CRISTAL FIBER MASK – HYDRATION BOOST

Next-generation face mask designed to enhance the cell renewal process, restructure the water lipid layer and increase levels of moisture in the skin. The treatment finishes with an anti-aging flash ampule with an immediate tensing effect.

ANTI-STRESS FACIAL

Soothing and repairing treatment for all skin types, even the most sensitive. Softens the skin and restores the hydro-lipid layer in areas exposed to environmental aggressions including sun, wind, temperature changes and more.

HYDRA-VITAL FACIAL

Highly nourishing and revitalizing face treatment for dry or dehydrated skin types. The facial provides intensive moisturizing and restructuring actions through hyaluronic acid and prevents early skin aging thanks to its antioxidant properties.

ANTI-AGING HIGHLIGHTS

STEM CELL – REGENERATIVE SOLUTION

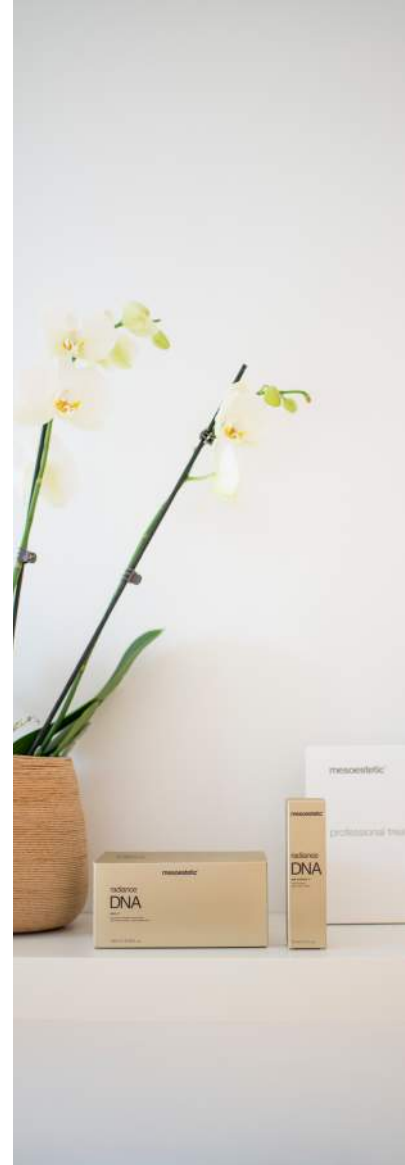
Stem Cell is a cosmeceutical line with a high concentration of plant stem cells, formulated to reverse cell regeneration, slow down and strengthen connective tissue structure and improve skin quality and texture.

COLLAGEN 360° – FIRMING SOLUTION

Collagen 360° is a cosmeceutical line with a high concentration of enriched marine collagen, formulated to reverse chronological collagen loss and improve skin elasticity thanks to its redensifying, firming, and tightening actions.

RADIANCE DNA – ANTI-AGING SOLUTION

Integral anti-aging treatment that increases cell longevity, strengthens the extracellular matrix and redefines the facial shape.



VAMPIRE FACELIFT®

PLATELET RICH PLASMA®

MED SPA IBIZA introduces a revolutionary new treatment called The Vampire Facelift. Also known as PRP Therapy (Platelet Rich Plasma), it is a natural treatment where our doctor injects platelet-rich plasma, taken from your own blood, into multiple areas of your face to treat wrinkles and rejuvenate the skin.

How does The Vampire Facelift work?

The Vampire Facelift involves blood being taken from your body (similar to a blood test) then put into a machine to separate the blood cells, serum and platelets.

The platelets are then injected directly back into the face or any area of the body in need of rejuvenation. Platelets release growth factors that help the body repair itself by stimulating cells to regenerate new tissue. In addition to improving skin tone, the treatment also promotes healthy skin growth and collagen production so skin appears plumper and more vibrant.

What conditions can be treated with The Vampire Facelift?

The Vampire Facelift can be used to improve skin texture, lines and wrinkles. By placing it into the deeper skin layers, cells are stimulated into a more youthful function. Crepey areas under eyes and on the neck can show a dramatic improvement and the general texture of the skin also improves. It is highly effective in improving sun damage and reviving dull, worn-out looking skin.

Is The Vampire Facelift safe?

The Vampire Facelift is a completely safe and natural treatment and a highly effective method to improve the appearance of fine lines and wrinkles, sun damage and dull, worn-out looking skin. PRP Therapy can also be used to rejuvenate the face, neck, backs of hands and other body areas. It uses your own blood so there are little to no side effects and no risk of rejection.

How long is each Vampire Facelift session?

Each Vampire Facelift session takes 45 minutes and you will be able to resume your normal daily routine immediately after.

How many Vampire Facelift sessions will I need?

Results vary from person to person but we advise having two to three treatments around three to six months apart for the best results.



MED SPA ETIQUETTE

To ensure a perfect **MED SPA** experience and optimum results we recommend you prepare for your treatment session 15 minutes ahead of the appointed time.

Please understand if you arrive late, we may reduce your treatment time to ensure the next appointment starts on time.

Please make reservations early so we can provide the treatment of your choice at your preferred time.

Contact **MED SPA IBIZA** for rescheduling appointments or for cancellations. Cancellations less than six hours prior to the treatment time will be charged the full rate quoted.

Please note: If you arrive more than 15 minutes late for a treatment, the session may be cancelled and the full rate charged. As a courtesy to other clients, we kindly request that you arrive at the appointed time.

Please inform us of any health issues and ailments you may have, such as allergies, accidents, injuries or other issues.

We offer pre-natal spa treatments. The **IBIZA BALANCE** team are happy to recommend suitable treatments.

We are happy to assist you with any questions and bookings. Thank you for your cooperation!

We look forward to welcoming you to **MED SPA IBIZA** in the heart of Botafoch, directly opposite Centro de Salud de Vila hospital.



 **vitamindrip**

ibiza
balance

PRIVATE SPA SERVICE

HydraFacial MD[®]
Detoxify | Rejuvenate | Protect

mesoestetic[®]
mesoestetic Pharma Group

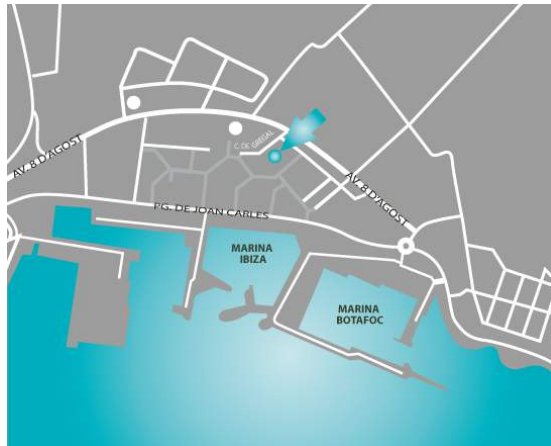
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MEDICAL SERVICES	min	single	package
GENERAL CONSULTATION		€80	
VAMPIRE FACELIFT/ PRP TREATMENT		starting at €350	

VITAMINDRIP

B12 ENERGY SHOT		€50		
DIET & DETOX SHOT		€50		
IMMUNITY CARE		€50		
MOOD CARE		€50		
SKIN CARE		€50		
QUICK IMMUNE BOOST		€90		
QUICK VITAMIN C BOOST		€90	5 sessions	€430
Vitamindrip® HYDRATION	30 min	€150	5 sessions	€430
Vitamindrip® IMMUNE SUPPORT	30 min	€150	5 sessions	€650
Vitamindrip® REJUVENATION	30 min	€150	5 sessions	€650

MASSAGES by IBIZA BALANCE

BACK MASSAGE	30 min	€40	10 sessions	€370
REFLEXOLOGY	30 min	€40		
RELAX MASSAGE	60 min	€70	5 sessions	€325
DEEP TISSUE	60 min	€80	5 sessions	€370
DETOX MASSAGE	60 min	€80		
SHIATSU	60 min	€70		
THAI MASSAGE	60 min	€70		
PHYSIOTHERAPY	60 min	€90		
ACUPUNCTURE	60 min	€100		

FACIAL TREATMENTS	min	single	package
HYDRAFACIAL MD			
DEEP CLEANSE HYDRAFACIAL MD® TREATMENT	20 min	€99	5 sessions €430
ESSENTIAL HYDRAFACIAL MD® TREATMENT	45 min	€169	5 sessions €790
PREMIUM HYDRAFACIAL MD® TREATMENT	60 min	€189	5 sessions €890
MESOESTETIC			
CRISTAL FIBER MASK – HYDRATION BOOST	20 min	€30	
ANTI-STRESS FACIAL	45 min	€80	
HYDRA-VITAL FACIAL	45 min	€80	
STEM CELL – REGENERATIVE SOLUTION	60 min	€120	
COLLAGEN 360 – FIRING SOLUTION	60 min	€120	
RADIANCE DNA – ANTI-AGING SOLUTION	60 min	€120	
BEAUTY TREATMENTS			
EYEBROW THREADING			
TIDY UP	15-30 min	€20	
SHAPING/DESIGN	30 min	€25	
FACE THREADING			
UPPERLIP	5 min	€15	
UNDER/BOTTOM LIP	5 min	€15	
SIDES	10-15 min	€25	
FOREHEAD	10 min	€20	
CHIN	10 min	€15	
FULL FACE	45 min	€70	